



WAX RECOMMENDATION

Race Type: Birkie Classic

Time: 8:00AM – 10AM

Date: Sunday February 28th, 2021

Swix Nordic Race Director: Evan Pengelly

SNOW & WEATHER CONDITIONS	
TEMPERATURE: 18F at 8AM, 20F at 10AM SNOW TYPE: Slightly transformed	HUMIDITY: 70%

GLIDE RECOMMENDATIONS	
ECONOMY	SPEED AT ALL COSTS
<p>BASE: Performance Speed 6 - Blue</p> <ul style="list-style-type: none"> • A hard base wax for marathon distance • Iron in at 145C iron temp • Allow to cool 15 minutes • Clear groove with groove pen • Scrape base with scraper at angle • Brush ski in scrub motion with nylon brush <p>GLIDE: Performance Speed 7 - Violet</p> <ul style="list-style-type: none"> • A hard base wax for marathon distance • Iron in at 140C iron temp • Allow to cool 15 minutes • Clear groove with groove pen • Scrape base with scraper at angle • Brush ski in scrub motion with nylon brush 	<p>BASE: Performance Speed 6 - Blue</p> <ul style="list-style-type: none"> • A hard base wax for marathon distance • Iron in at 145C iron temp • Allow to cool 15 minutes • Clear groove with groove pen • Scrape base with scraper at angle • Brush ski with nylon brush <p>GLIDE: Marathon Solid or Powder</p> <ul style="list-style-type: none"> • Marathon covers a large range of snow type and has been our go to wax in the new line. • Iron in at 160C iron temp • Allow to cool 15 minutes • Clear groove with groove pen • Scrape base with scraper at angle • Brush ski with fine steel brush <p>COVER: High Speed 7 Liquid – Violet</p> <ul style="list-style-type: none"> • Spray liquid in thin layer over the entire base • Allow to dry at least 15 minutes • Buff with fleece roto or hand fleece • Brush with soft nylon brush

KICK RECOMMENDATIONS	
OPTION 1	OPTION 2

<ul style="list-style-type: none"> • Sand kick zone with 150 grit sand paper • Spray one thin layer of KB20 and iron in • Apply 3-5 layers of VP 40 making each shorter working towards front of foot 	<ul style="list-style-type: none"> • Sand kick zone with 150 grit sand paper • Spray one thin layer of KB20 and iron in • Apply 3-5 layers of VP 45 making each shorter working towards front of foot
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STRUCTURE	
<ul style="list-style-type: none"> • T423 – Linear .75 tip to tail. • TO48P – Linear .75 tip to tail 	

PRODUCT LIST	
<ul style="list-style-type: none"> • PS 6 and PS7 Wax • T77 Iron • T88 Groove Scraper • T823D Scraper • T161B White Nylon Brush • Cork • VP 55 Kick • KB20 Spray Klister • VP40 Kick 	<ul style="list-style-type: none"> • PS 6, Marathon Clean and HS 7 Liquid • T72 Iron • T88 Groove Scraper • T823D Scraper • T161B White Nylon Brush • T191B Fine Steel Brush • T160B Fine Blue Nylon • Cork • KB20 Spray • VP45 Kick

****FOR SPECIFIC RECOMMENDATIONS FOR WAVE TIMES VISIT:
www.swixsport.com/us/racing-service/nordic-wax-reports**